



FREESTYLE SPECIALIST 1 SCORECARD

FREESTYLE SPECIALIST 1 CERTIFICATE

ATTAIN
 DOES NOT ATTAIN

Name: _____ Date: _____

Staff: _____ Location: _____

SECTION I: SAFETY

SCORE

Efficacy / Fear	1	2	3	4	5	6
Risk Analysis	1	2	3	4	5	6
Use of Freestyle Models	1	2	3	4	5	6
Safe Terrain / Feature Selection	1	2	3	4	5	6
Safe Teaching Scenarios	1	2	3	4	5	6

SECTION II: TEACHING

SCORE

Application of the Learning Connection	1	2	3	4	5	6
Application freestyle models	1	2	3	4	5	6
Progression Building	1	2	3	4	5	6
Individual Student Experience	1	2	3	4	5	6
Lesson Delivery and Feedback	1	2	3	4	5	6

SECTION III: TECHNICAL/MA

SCORE

Knowledge and Comprehension of Freestyle Content	1	2	3	4	5	6
Understanding and Use of ATML	1	2	3	4	5	6
Movement Patterns and Biomechanics	1	2	3	4	5	6
Identifies Cause & Effect Relationships	1	2	3	4	5	6

SECTION IV: FS 1 DEMOS

SCORE

	Flatland					
Ollies/ Nollies	1	2	3	4	5	6
Butters	1	2	3	4	5	6
Switch Riding	1	2	3	4	5	6
	Jumps/Airs					
Grab/Old-School Move	1	2	3	4	5	6
180 Clockwise	1	2	3	4	5	6
180 Counter Clockwise	1	2	3	4	5	6
	Slide Features					
Nose or Tail press	1	2	3	4	5	6
Boardslide	1	2	3	4	5	6
	Halfpipe					
Left Wall Turns	1	2	3	4	5	6
Right Wall Turns	1	2	3	4	5	6
Alley-oop	1	2	3	4	5	6

SCORE SUMMARY

Test/Workbook:

Section I: P / F

Section II: P / F

Section III: P / F

Section IV: P / F

Scoring Key:

- | | |
|---|--|
| 1. Essential elements were not observed or not present. | 4. Essential elements appear regularly at satisfactory level. |
| 2. Essential elements are beginning to appear. | 5. Essential elements appear frequently above required level. |
| 3. Essential elements appear but not with consistency | 6. Essential elements appear continuously at a superior level. |

ADDITIONAL FEEDBACK:

Thank you for participating in the PSIA-AASI Freestyle Specialist Program. If you have further questions or comments please contact the NRM Freestyle Chairperson at: nrm.freestyle@gmail.com
Best wishes in your future professional development.